

# Walk & Laugh Group

meeting in Callington, Launceston  
& surrounding areas

**1st & 3rd Wednesday of the  
month at 1:30-3:30pm**

free  
dementia-  
friendly  
activity

*Next walks:*

**6th October, Lockett Woods**

Meeting in Village Car Park, by bridge,  
Lockett, PL17 8NJ

**20th October, Calstock**

Free Car Park, just past social club, PL18 9QA

**3rd November, Cotehele**

Bottom Car Park, past quay, PL12 6TA

**17th November, Venterdon**

Meet at Stoke Climsland Green Car Park,  
PL17 8PA

**We advise you to bring your own refreshments.**

No transport? We have a small budget so get in  
touch to find out more!

To book and for more details

**tel:** 01726 222900

**email:** [creativespaces@sensorytrust.org.uk](mailto:creativespaces@sensorytrust.org.uk)

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Creative Spaces

Creative Spaces is a Sensory Trust project supporting people living with dementia, their families and carers in rural communities in Cornwall