

# Walk & Laugh Group

meeting in Callington, Launceston  
& surrounding areas

**1st & 3rd Wednesdays of  
the month 1:30-3:30**

free  
dementia-  
friendly  
activity

*20th November* **Kit Hill**

Meet in main car park (free) on  
left over cattle grid, Kit Hill,  
Callington, P17 8HR

*4th December* **Lockett fields**

**Earlier start time of 1pm**

Meet at Lockett free car park next  
to bridge, Lockett, PL17 8NL

*18th December* **Sarah & Keith's  
garden** near Kit Hill, Callington.

Contact us for directions  
(see below)

*No transport? We have a small transport budget so get in  
touch to find out more!*

To book and for more details

**tel:** 01726 222900

**email:** [creativespaces@sensorytrust.org.uk](mailto:creativespaces@sensorytrust.org.uk)

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Creative Spaces is a Sensory Trust project supporting people living with dementia, their families and carers in rural communities in Cornwall

Creative Spaces