

Memory Cafes

Tavistock

The Anchorage Centre
Every other Saturday, 2-4pm.
jp.wildman@virgin.net, 01822 616958.

Saltash

Burraton Methodist Church, Liskeard Road
Every 2nd and 4th Wednesday, 2-4pm.

Callington

Callington Town Hall, New Road
Every other Saturday, 2-4pm
info@callingtonmemorycafe.co.uk, 01579 382705/351888

Torpoint

St James Church Hall, Saint James Road
3rd Wednesday of each month, 2-4pm
troczyński@ad.com

Launceston

Central Methodist Church Hall, Castle Street
Every other Saturday, 2-4pm
cymdowning@btinternet.com, 01566 774425

Yelverton

The Community Room, Briar Tor, Dousland Road
Every other Friday, 2-4pm
terencedonnelly@talktalk.net, 01822 613145

Outreach & Befriending Services

befriending@tasstavistock.org.uk
01822 610942

saltash.liveathome@mha.org.uk
01752 848728