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Working in partnership to conserve and enhance the Tamar Valley
eNews Bulletin - January 2009 (including Jan-Feb Events Guide)



Tamar Valley

Area of Outstanding Natural Beauty

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Happy New Year to all our readers!

January is the time to get rid of the last remnants of colds and flu, work on dropping the extra pounds we gained over Christmas and watch the borders for the first signs of snowdrops - little white beacons of hope that Spring is on its way.

In the traditional English way, something has to be said about the weather, it must be working its way up the top-ten conversational topics after the last month or so! Over the last few weeks, the whole country has experienced relentlessly freezing conditions, with temperatures struggling to get above zero on a daily basis. Many people have felt the chill through frosted windscreens, black ice and even frozen harbours (in Padstow!). The Tamar Valley was no exception with freezing fog loitering across the landscape until well after midday, and car accidents, broken boilers and burst pipes all serving as evidence of the extreme cold. If you're commuting to work or taking a day trip, be aware that many of the pretty narrow lanes in the Valley go without gritting by the big yellow flashing lorries when the weather turns arctic.

As we head towards February, our moods can lift a little with nature's signals telling us that warmer weather can't be far away. See below to find out what to expect in the coming weeks.

There's lots of news to catch up on since the last bulletin, from myths and memories to bridges and beavers - so enjoy the read.

HAVE YOUR SAY

Tell us your news, views and events for the next edition of the bulletin. Remember: any events you send through will also go into our online listings and events calendar - and it's completely free. Deadline for submissions is Friday 20th February.

Ruth

Ruth Davies
Information & Communications Officer
01579 351681

rdavies@tamarvalley.org.uk

The coming month in the valley... February

Rosemary Teverson, Project Manager for the Area of Outstanding Natural Beauty, sheds some light on what to expect from the valley at this time of year.

February is not always the wettest month in this area and a prolonged spell of dry or frosty weather will see livestock farmers in the district coming out with their muck spreaders, anxious to make room in the manure store after a long wet period when it is too wet to get out with heavy loads. Manure spreading during wet weather on the steeper slopes can also cause river pollution.

The mild micro-climate brings small **sparkles of colour** to drab hedgerows and verges. The celandine is a welcome bright yellow star, and snowdrops cluster round old deserted cottage garden walls in the woods. Hazel catkins shake their lambs tails in the breeze, while the **purple catkins** of the alder provide a bright contrast to the dark greens of the wet woodlands in the valley bottoms. **Tawny owls** are plentiful in local woods and are noisily calling to their mates at dawn and dusk, the earliest birds to start their spring breeding season.

February was once a peak month for the early **daffodil** market; there are still early blooms to be seen in sheltered spots on hedge banks where they were cast when the bulb fields were cleared, and in rows in the former terraced market gardens which are now covered in scrub and bramble.

To find out more about this month and the rest of the year in the Valley, pop along to <http://www.tamarvalley.org.uk/monthinvalley.asp>

A Legend in Willow

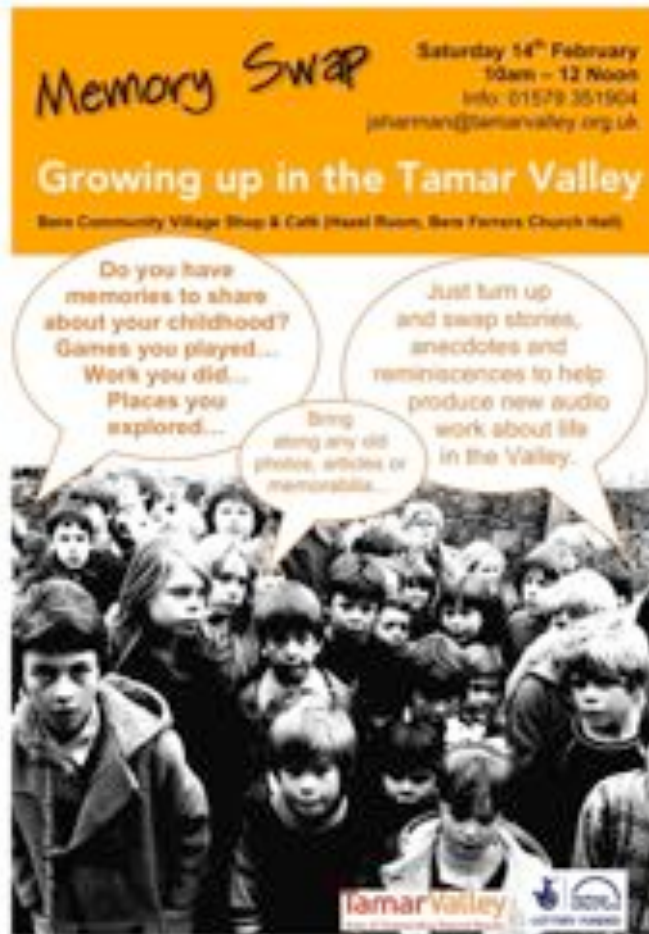
Cotehele's Mother Orchard is home to a new piece of sculpture work, capturing the legend of a man and his horse, who were transformed by Cornish Piskies.



The artist, Kim Cresswell, creates sculpture that changes and grows over time; interactive pieces for the viewers and the surrounding environment. The work at the Orchard is just the beginning of the installation, rather than the final result.

By experimenting with different hedgerow materials she has developed techniques for building ambitious oversized figures and animals - planting and forming the sculptures in the winter months, to take root and grow with the new spring.

The inspiration for this 'living' sculpture, made from willow, comes from the myths of supernatural mischief. Mortals, who stumble





across a Piskie gathering, go missing for years on end, but feel as though they have been away for only a few hours. The man depicted, with his loyal horse, had been searching for his love when he entered the Orchard at Cotehele. The Piskies cast their enchantment, and as time stood still, the man and horse became a tree - living and breathing - but only able to return to human form during another impish gathering or once the spell is lifted.

The AONB is supporting the project, commissioned by the National Trust and due for completion in the next few months. In the Spring, there will be a chance for people to try willow-weaving in a series of workshops. Watch this space for more information.

Feel free to take a walk in the Orchard to see how the sculpture is coming along and say hello to the cheeky robin who has made his home in the horse... but beware of those pesky Piskies!

Fugitive in the Valley

There's been much debate about the reintroduction of beavers back into the wild, but for three determined creatures, it was time to take matters into their own hands...or paws.

The beavers escaped from a sanctuary near Lifton back in October, where they are kept under license from the government with 21 others. Two females have since been recaptured, but the lone male is still at large on the River Tamar. He weighs about six stones and has been spending his time felling trees near Gunnislake, leaving the tell-tale signs of gnawed trucks by the river banks.

Derek Gow who runs the sanctuary at Upcott Grange, suspects a failed electric fence as the reason for the break-out. Derek has been setting traps across the area in the hope of catching the last beaver. The traps are marked with scent of female beavers in the hope of luring the lover-boy back to his mates.

The European beaver used to be a native species of Great Britain, but was hunted to extinction in England during the 12th Century for their fur and throat glands, which were believed to have healing properties.



The four families of beavers that call Upcott Grange home, will be deliberately released into the wild this year as part of a project in Scotland. The animals are currently being kept in quarantine here in the West Country before they are freed.

A feasibility study on reintroducing beavers to the wild, commissioned by Natural England and the People's Trust for Endangered Species, has been completed. No publication date has yet been set.

*On the box: You can see Derek and the beavers on BBC1 on Sunday 1st February, on **Countryfile** at 11am.*

150th Anniversary of the Royal Albert Bridge

This year, celebrate the anniversary of one of our most famous landmarks by joining one of many events being held in and around Saltash over the next six months.

Ashtorre Rock is the main venue for the events and activities, starting life as a community centre, it was built and run entirely by volunteers back in 1991. It is the first building you pass as you enter Cornwall, driving over the Tamar bridge or by train over the Brunel Bridge into Saltash.

The centre is still going strong, with a small cafe open seven days a



week, offering a unique spot for tea and cake, directly underneath the bridge on the waterfront, with view across to Devon and over the River Tamar.

If you would like to attend or get involved in any of the celebratory events, please see our events listings below, the AONB Calendar of events on our website: www.tamarvalley.org.uk, or go to Ashtor Rock website for more information: www.ashtorrock.co.uk/

For super keen bridge-watchers, there is even a live webcam of the bridge available online www.royalalbertbridge.co.uk/html/bridqecam.html

The Valley Classroom Newsletter - Out Now!

The latest edition of The Valley Classroom, the AONB's educational newsletter is now available.

This issue includes details about the learning resources available in the Tamar Valley, outdoor classrooms, an award-winning day nursery and a special focus on Calstock - a village full of fun and fascination for pupils of all ages. Go online to download the newsletter now from www.tamarvalley.org.uk/enews.asp For more information, please call Fran Walker on 01579 351904.

Calstock Roman Fort

Following on from last year's amazing discovery of a Roman Fort near Calstock Church, the archaeology team from Exeter University are returning to the site for seven weeks of rescue excavation work, funded by English Heritage.

You have the chance to visit the site on Saturday 31st January during the **Archaeology Open Day**, when you will be able to see the painstaking work being carried out and meet some of the experts who uncovered the fort and associated treasure during the last dig.

For more information, call Project Director, Dr. Chris Smart on 07717 534198.

AONB Team... The Big Move

Some of you may have seen the rapid realisation of the **Tamar Valley Centre at Drakewalls** over the last couple of months. The construction team has progressed at a staggering speed on Cemetery Road and, in the next few weeks, final touches will be made final, and the AONB team will be moving offices from their current base at Cotehele Quay. Keep an eye on our website and in these bulletins for more details of the move.

BTCV's Big Five-O

In 2009, the British Trust for Conservation Volunteers will be celebrating 50 years of 'inspiring people, improving places'.

The organisation is currently building up a 50th anniversary online archive with volunteer stories and messages of support from around the world. We would love to hear from some of you. Has your group been a part of BTCV's membership scheme for many years? Were you part of the first ever BTCV group? If you have stories, photos, press cuttings or simply a happy birthday message to share, please do get in touch! Email 50@btcv.org.uk or post to Katie Hallam, BTCV, Sedum House, Mallard Way, Doncaster DN4 8DB or visit www.btcv.org

Show me the money... Funding Opportunities

Bio-energy Capital Grants Scheme

The purpose of the Bio-energy Capital Grants Scheme is to promote the efficient use of biomass for energy, by stimulating the early deployment of biomass-fuelled heat and power projects, including anaerobic digestion - a system that turns poo to power! It will do this by awarding capital grants towards the cost of equipment in complete installations in England.

Eligible Applicants: Businesses, organisations and charities in the commercial, industrial and community/public sectors. This includes, but is not restricted to, public and private limited companies (Ltd and plc), sole traders, farmers, local authorities, hospitals, universities, schools, housing associations and charities. The grant is up to £500,000 per installation (with no minimum level). Deadline for applications is 4pm on 30th April 2009. For more information email: biocapitalgrants@aeat.co.uk

The Chestnut Fund

The Chestnut Fund is an independent charity making grants available to encourage and enable conservation groups to carry out conservation activities. The grants are administered by BTCV. Groups must be part of the BTCV Community Network to qualify. For further details or to request an application form please contact BTCV's Community Network Department on 01302 388834 or at local-groups@btcv.org.uk

O2: It's Your Community

If you could change one thing about where you live, what would it be? Turning derelict land into a playground. Planting trees where none grew before. Creating a wildlife pond where there was once a puddle. Turning an abandoned building into an arts centre for young people... It's Your Community is a new awards programme O2 has launched to help people come together to make a real difference to the communities in which we live. Awards of up to £1,000 are available to local groups and individuals, for anything that you can show will benefit your community. Whatever your idea you can apply today, simply visit the O2 It's Your Community website www.itsyourcommunity.co.uk

Open Air Laboratories

How healthy is your soil? Does its PH balance work for the plants and wildlife? How do you identify an earthworm?

Open Air Laboratories (OPAL) is a national project to get people back to their roots, so to speak. The project encourages everyone to monitor their local environment, and hopes to create a new generation of nature-lovers across the country.

OPAL is leading a nation-wide soil survey between 23rd March and 30th May this year and now is the time to get involved and dig beneath the surface. Data will be used to produce the first UK distribution map of earthworms and soil health.

A free one-hour workshop, at your landholding or local greenspace, will teach you to test your soil's health, including pH, earthworm identification, soil compaction, root density and other factors. There is an option to combine the survey with other soil-themed activities, including The Wiggly Soil Quiz and Earth Pigment Painting.

On 27 January and 19 February we are running free half-day training courses for educators and individuals interested in leading soil survey sessions with their own groups. No experience or expertise is needed, and locations are likely to be around Plymouth, Brent and Buckfastleigh.

Contact Bethan Stagg, OPAL Community Scientist for more information on 0845 456 9803 / 07866 149773.

Your Events... Spread the Word with the Tamar Valley Area of Outstanding Natural Beauty

Don't forget you can send your event listings and activities for inclusion in these bulletins, on our website, and in the next edition of our bi-annual newsletter The Valley - plus it's completely free. Send details to rdavies@tamarvalley.org.uk

South East Cornwall Events Diary

Another chance to advertise your events: the South East Cornwall Events Diary reaches a wide and relevant audience, covering dates between April and September. To publicise local events free of charge in the Summer Events Special, either email full details including date, time, location, cost, contact number and a brief description of the event to jrowell@caradon.gov.uk or ring for a booking form on 01579 341032 as soon as possible and no later than 6 February.

DATES FOR YOUR DIARY

Your guide to events being held in the Tamar Valley for the rest of **January and February...** For full events listings at the click of a button, visit: <http://www.tamarvalley.org.uk/eventscalendar.asp>

JANUARY

Tamar Birdwatching Cruise - Saturday 24th January

Join us on a cruise on the beautiful Rivers Tamar and Lynher with a full commentary by leading ornithologist Bruce Taggart. Improve your bird identification skills and learn about the ecology of one of the most important rivers in the south west.

Time: 10am

Depart: Saltash Quay

Info: 01752 829163 / www.tamarwildlife.com

Booking essential. Adults £10 / Children £6

Exhibition: The Animal Gaze - 24 January to 28 March

Place: Plymouth Museum & Art Gallery

Cost: Free admission

Explore the complex relationships between animals and humans with this fascinating multi-site contemporary art exhibition - other elements of which will be displayed throughout 2009 at Plymouth Arts Centre, Plymouth College of Art & Design, the University of Plymouth and the Centre for Contemporary Art and the Natural World, Exeter. Featuring photography, film, 3D installation and more, this exhibition has been brought to the South West by the Plymouth Visual Arts Consortium and is a London Metropolitan University event organised and curated by Rosemarie McGoldrick.

Farm Walk - Thursday 29th January

South Yeo is a mixed, traditionally-run farm owned by Ian and Gillian Dixon. The 93 acre farm includes 10 acres of native bluebell woodland and a mile of wild fishing on the River Lew. Gillian is involved in the national Water Vole conservation programme, and would be happy to talk about this valuable work, plus other topics such as managing river banks, soil issues (they have pig fields) and pond creation.

Time: 14.00

Where: South Yeo Farm (East), North Lew, Okehampton EX20 3PS

Cost: There will be a small charge of £5 to cover refreshments at the end of the walk, payable on the day. Adviser: Annabel Martin

Info: Angela White, Devon FWAG, Agriculture House, Pynes Hill, Exeter EX2 5ST. Tel: 01392 364392 or Email: devon@fwag.org.uk

Aspects of Saltash - Friday 30th January

ASHTORRE'S BRUNEL BRIDGE CELEBRATIONS

150TH ANNIVERSARY OF THE ROYAL ALBERT BRIDGE, SALTASH

'Aspects of Saltash including Waterside and Royal Albert Bridge' with Bruce Hunt - £3.00

Time: 7:30pm

Info: For more details, tickets and up-to-date information contact Lynn Marsh on 01752 844255 or lynnsmarsh@aol.com

Tree Detectives - ID Event - Saturday 31st January

Time: 11am - 12.30pm

Place: Lanhydrock House, Nr Bodmin, PL30 5AD

Become a tree detective with our Wardens team. Discover the hidden clues to help you identify different species in the winter. Cost: adults £4 children £2.

Booking is essential on 01208 265950 or email lanhydrock@nationaltrust.org.uk

Quiz Night - Saturday 31st January

Time: 7.30pm

Place: Harrowbarrow and Metherell Village Hall

A quiz night with a difference please call Joan Tallon 01579 350120 to enter a team.

Tales from Darwin - Saturday 31st January

Time: 1pm to 3pm

Place: Plymouth City Museum and Art Gallery

Join in with activities and tales of Charles Darwin as part of the ninth annual National Storytelling Week and explore how important his scientific work in 1859 changed the thinking of the world.

Free admission, no need to book.

FEBRUARY

Bramley Apple Week - Starts 1st February

The bicentenary of the Bramley apple will be celebrated in 2009, marking 200 years since the pip that grew into the first Bramley apple tree was planted. A year of activities has been planned to remind Bramley lovers of the unique qualities of the world's finest cooking apple.

More information can be found on the Bramley website: <http://www.bramleyapples.org.uk/>

Apple Winter Pruning Day - Saturday 1st February

Learn to prune - a hands-on course with tutor, Charles Staniland. This mainly practical day will give you the confidence to tackle your trees and will cover the pruning of neglected trees, formative pruning of younger trees and routine requirements.

Time: 10.00 - 16.00

Where: Located at two Orchards on the Bere Peninsula

Cost: £16.00

Bring: Outdoor clothing, strong boots, gloves and a packed lunch will be necessary. Bring any useful, pruning tools, secateurs, saws, etc. No climbing required.

Info: Bookings taken by Brian Lamb, 01822 841309 / briankey1@tiscali.co.uk

Silent Film Night - Friday 6th February

ASHTORRE'S BRUNEL BRIDGE CELEBRATIONS

150TH ANNIVERSARY OF THE ROYAL ALBERT BRIDGE, SALTASH

Time: 19.30

Where: Saltash Guildhall

Info: For more details, tickets and up-to-date information contact Lynn Marsh on 01752 844255 or

lynnsmarsh@aol.com

Nature Reserve Walk: History & Things - Saturday 7th February

Reserve Walk - History & Things - with the Warden

Time: 11.00

Where: Churchtown Nature Reserve, Wearde Road entrance

Organiser: Friends of Churchtown Farm Community Nature Reserve, Saltash

Info: 01752 846407

Signs of Spring - Sunday 8th February

Join the Cornwall Wildlife Trust's Mid Tamar Group in the first of a series of visits to practise hedge and HABITAT MAPPING, as part of the Parish Wildlife Awareness project.

Time: 10.30

Where: Meet at the Old School, Stoke Climsland village centre (SX 3601 7445).

Bring: stout shoes

Organiser: Mid-Tamar Valley Group

Contact: mid-tamargroup@hotmail.co.uk

'Plymouth Sound and Tamar Estuaries' Illustrated Talk - Wednesday 11th February

Illustrated talk by Kaja Curry.

Where: Parish Church Room, Plymouth Road, Tavistock (next to Bedford Hotel)

Cost: £3 donation on door to Devon Wildlife Trust (refreshments included)

Time: 20.00

Info: For more information telephone or write to the Devon Wildlife Trust, Cricklepit Mill, Commercial Road, Exeter, EX2 4AB Tel: 01392 279244

Hedge Steeping Workshop - Wednesday 11th February

Tom Hynes, of North Devon Coast and Countryside Commission, will be the tutor at this practical training day. Tools will be provided, or you can bring your own. This is your chance to learn a traditional skill from a very experienced tutor.

Time: 10.00 - 16.00

Where: Wadham Farm, Knowstone, Rackenford, EX36 4RS - Grid Ref SS 818 239 (by kind permission of Bill Norman)

Bring: your own packed lunch and thermos!

Cost: £30 + VAT in advance please by cheque, payable to FWAG. Adviser: Craig Hodgson

Info: Angela White, Devon FWAG, Agriculture House, Pynes Hill, Exeter EX2 5ST. Tel: 01392 364392 or Email:

devon@fwag.org.uk

Memory Swap: Growing up in the Valley - Saturday 14th February

Time: 10am - 12noon

Where: Bere Community Village Shop & Café, Bere Ferrers Church Hall

See advert at the start of this bulletin for more information. Call 01579 351681 for more details.

Bird Watching Walk, Roadford Reservoir - Saturday 14th February

With Tony John.

Time: 10.00

Where: Meet at the car park to the Main Visitor Centre, Roadford Reservoir.

Cost: £3 donation to Devon Wildlife Trust.

Info: For more information telephone or write to the Devon Wildlife Trust, Cricklepit Mill, Commercial Road, Exeter, EX2 4AB Tel: 01392 27924

Devon Apple Grafting Course - Monday 16th February

Time: 19.00 - 20.30

Where: Endsleigh Nurseries, near Milton Abbot

Cost: £7.50

Bring: Any secateurs or pruning knives that you may have. Places are limited. Rootstocks will be available to purchase.

Info: Booking through Endsleigh - 01822 870235

Forest School, Mount Edgcumbe - Monday 16th - Tuesday 17th February

Looking for something for the children to do? Well if they are aged between six and 12 years why not let them join us for a fun day in the woods here at Mount Edgcumbe. There will be games, arts and craft, adventures making dens and camp fires whilst learning about the natural environment and how to appreciate it.

Time: 9.45 - 14.15

Cost: £20 per child per session (or £15 per child for two children from the same family).

Bring: Your child will need to bring a packed lunch, drink, warm waterproof outdoor clothing and stout shoes or wellingtons, as the session will run come rain or shine.

Organiser: The event is run by fully qualified and insured Forest School leaders from the Forest School Programme which runs in conjunction with Ofsted. All leaders hold current Criminal Records Bureau (CRB) and First Aid Certificates.

Info: For further information contact the Forest School Programme or telephone 01752 204922.

Guided Tours of Buckland Abbey - DAILY 13th February - 13th March

Guided Tours of Buckland Abbey. Free flow from 12 noon

Time: 11am - 4pm

Info: 01822 853607

Organiser: National Trust/Buckland Abbey

Four Wheels on my Ramble - Wednesday 18th February

A 3m walk around Devon Great Consols, once Europe's largest copper mine, and its extensive arsenic works. An opportunity to explore some of the new trails created as part of the Tamar Valley Mining Heritage Project. Walk leaders Barry Gamble & Martin Summers will explain the industrial history, flora & fauna. As daylight is short at this time of year, there will be no lunch break during the ramble. The walk will be moderate but with some steep inclines. Please note: the trails are not officially open yet. Health and Safety work is still to be completed on some sections.

Time: 10.00 for 10.30 start. Finish at car park approx 13.30.

Where: Devon Great Consols. Meet in new trails car park adjacent to Tavistock Sawmills, just off the A390 on the Devonshire side near New Bridge, Gunnislake. Grid Reference: SX438726

Bring: Suitable clothing & stout footwear.

Contact: Pat Gormley, 01579 348749

Game & Wildlife Management, Illustrated Talk - Wednesday 18th February

Dr Mike Swan, Regional Adviser for South of England, The Game and Wildlife Conservation Trust, will give an illustrated talk, particularly highlighting the habitats of the Brown Hare for which Devon FWAG is the local BAP champion. A plate of Ruby Red beef stew will be available at an amazing £2 before the talk (payable on the night); hot beverages and biscuits will be served at 9.00 pm

Time: 19.00 - 21.00

Where: The Tuckers Arms, Dalwood, Axminster, EX13 7EG

Cost: £5 in advance please by cheque, payable to FWAG. Adviser: Roland Stonex

Info: Angela White, Devon FWAG, Agriculture House, Pynes Hill, Exeter EX2 5ST. Tel: 01392 364392 or Email: devon@fwag.org.uk

Visit to Cornish Orchards Processing Plant - Thursday 19th February

Visit a large traditional producer of apple juices, cider and mulled wine whilst the production is taking place. Andy Atkins, Managing Director, will personally lead the tour and explain the complete process to tour members. You will also have an opportunity of visiting Cornish Orchards on site shop and express a serious interest in any of their products! This company supplies the Eden Centre and a major Tavistock shop and also buy apples from local orchards!

Time: 11.00 - 12.30

Where: Duloe, near Liskeard

Cost: There is no charge but they ask that you make a donation of about £3.00 towards the Duloe Church Roof Restoration Fund.

Info: To book, call Brian Lamb on 01822 841309 / brianlamb1@tiscali.co.uk

Note: NUMBERS ARE STRICTLY LIMITED AND PRE-BOOKING IS MANDATORY.

Car Sharing: We welcome those who share cars and with this in mind (unless a participant objects we will share names and phone number so that people living in similar areas can liaise to car share.

Murder Mystery Evening - Saturday 21st February

Things that go bump in the night... for something a little more exciting why not join the Candlelight Theatre Company here at Mount Edgcumbe for cocktails, a 3 course 70's themed dinner (BYOB) and..... murder most horrid!

Where: Meeting at Mount Edgcumbe for a cocktail at 7pm you will have the opportunity to meet your fellow sleuths and plan how you're going to solve the murder.

Cost: £30 per person, groups welcome.

Info: Booking is a must for this popular event, so don't miss out call today. For further information telephone 01752 822236 or email mt.edgcumbe@plymouth.gov.uk.

Link to: www.mountedgcumbe.gov.uk

Wildlife Awareness Project - Monday 23rd February

Time: 10.00

Where: Meet at The Old School for a walk, practising habitat recording at an interesting local site, as part of the Wildlife Awareness project. Indoor social if wet.

Organiser: CWLT Mid Tamar Group

Contact: mid-tamargroup@hotmail.co.uk

Memoirs of Life on Stage - Thursday 26th February

ASHTORRE'S BRUNEL BRIDGE CELEBRATIONS

150TH ANNIVERSARY OF THE ROYAL ALBERT BRIDGE, SALTASH

My Life and Career as a Tiller/Bluebell Girl, a stand-up Comedienne and Memoirs of life on the Stage - with Eileen Line

Time: 14.30

Where: Ashtorre Rock, Waterside, Saltash

Info: For more details, tickets and up-to-date information contact Lynn Marsh on 01752 844255 or lynnsmarsh@aol.com

Cornwall Film Festival - Dressing Granite - Friday 27th February

ASHTORRE'S BRUNEL BRIDGE CELEBRATIONS

150TH ANNIVERSARY OF THE ROYAL ALBERT BRIDGE, SALTASH

Cornwall Film Festival - Dressing Granite.

Time: 19.30

Cost: Adults - £4, Child - £3, Family - £12

Where: All events take place at ASHTORRE ROCK, Waterside, Saltash unless otherwise stated.

Info: For more details, tickets and up-to-date information contact Lynn Marsh on 01752 844255 or lynnsmarsh@aol.com

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